

## TABLE OF CONTENTS

<b><u>AGENCY</u></b>	<b><u>PAGE NUMBER</u></b>
<b>MEDICAL ATTENTION/EMERGENCY</b>	3
<b>HEALTH DEPARTMENTS</b>	4
COLONIAL HEIGHTS	
CHESTERFIELD	
GREENVILLE	
HOPEWELL	
PRINCE GEORGE	
SUSSEX	
SURRY	
<b>PREGNACY COUNSELING</b>	8
<b>HIV TESTING</b>	9
<b>MENTAL HEALTH COUNSELING</b>	10
COLONIAL HEIGHTS	10
DINWIDDIE	11
GREENSVILLE/EMPORIA	11
HOPEWELL	11
PRINCE GEORGE	11
SURRY	11
SUSSEX	12
<b>YMCA SEXUAL ASSAULT AND DOMESTIC VIOLENCE SERVICES</b>	12
CONFIDENTIAL EMERGENCY SHELTERS	
CASE MANAGEMENT SERVICES	
EMPLOYMENT AND LEGAL SERVICES	
SUPPORT GROUPS	
GROUPS FOR CHILDREN AND TEENS	
HOSPITAL ACCOMPANIMENT	

SHELTER AND RAPE SERVICES AND SUPPORT GROUPS	13
GAY/LESBIAN/BISEXUAL/TRANSGENDERED YOUTH SUPPORT LINE	15
CRISIS INTERVENTION	15
EMERGENCY SERVICES	16
LEGAL ASSISTANCE AND/OR REFERRAL	15
GENERAL DISTRICT COURTS	16
CIRCUIT COURTS	17
MAGISTRATE OFFICE	17
VICTIM WITNESS ASSISTANCE PROGRAM	17
FINANCIAL COUNSELING RESOURCE	17
VITAL RECORDS INFORMATION IN VIRGINIA	16
VOTER REGISTRATION/STATE BOARD OF ELECTIONS	18
CHAMBER OF COMMERCE OFFICES	19
ADULT EDUCATION RESOURCES	20
EDUCATION/PSYCHOLOGICAL TESTING SERVICES	20
USEFUL WEBSITES	21
SUBSTANCE ABUSE & EATING DISORDERS	22
MASSAGE THERAPY	24

**RICHARD BLAND COLLEGE**  
**COMMUNITY AGENCY REFERRAL GUIDE**

The Richard Bland College Community Agency Referral Guide was created for the purpose of providing useful information for students. The College reserves the right to add, remove or edit any information in this manual without notice. The information provided in the Community Service Guide has been compiled from a variety of sources and are subject to change at any time without notice. Richard Bland College does not necessarily endorse any particular agency listed. This guide is for informational purposes only and is not intended to solicit any of the organizations listed herein.

<u>AGENCY</u>	<u>SERVICES PROVIDED</u>	<u>TELEPHONE NUMBER</u>
<b><i><u>MEDICAL ATTENTION/EMERGENCY</u></i></b>		
Southside Regional Medical Center <a href="http://www.srmconline.com/">http://www.srmconline.com/</a>	Health/Emergency Services	804-765-5000
John Randolph Hospital <a href="http://www.johnrandolphmed.com/Map.asp">http://www.johnrandolphmed.com/Map.asp</a>	Health/Emergency Services	804-541-1600
Medical College of Virginia <a href="http://www.vcuhealth.org/">http://www.vcuhealth.org/</a>	Health/Emergency Services	804-828-9151 804-828-0501
Patient First		804-796-3636
Bon Secours Richmond Health System	<a href="http://www.bonsecours.com/contact.asp">http://www.bonsecours.com/contact.asp</a>	804-285-2011
St. Mary's Hospital	5801 Bremo Road Richmond, VA. 23226	804-285-2011
Memorial Regional Medical Center	8260 Atlee Road Mechanicsville, VA Richmond, VA. 23116	804-764-6000
Richmond Community Hospital	1500 N. 28 <sup>th</sup> Street Richmond, VA. 23223	804-225-1700
St. Francis Medical Center	13710 St. Francis Boulevard Midlothian, VA 23114	804-594-7300 804-594-7950
Hanover Outpatient Center	7016 Lee Park Road Mechanicsville, VA. 23111	804-730-9000

CJW Medical Center (Chippenham & Johnston's Willis)	<a href="http://www.cjwmedical.com/Services.asp">http://www.cjwmedical.com/Services.asp</a>	804-560-1092
	Chippenham Campus 7101 Jahnke Road Richmond, VA 23225	804-320-3911
	Johnston-Willis Campus 1401 Johnston-Willis Drive Richmond, VA 23235	804-560-8000

**HEALTH DEPARTMENTS**

Petersburg Health Department	Childhood immunizations	804-861-1652
	Adult immunizations	
	Childhood Lead Poisoning	
	Communicable Diseases services	
	Sexually Transmitted Disease Services	
	HIV Services	
	Child Development Services	804-862-6186
	Family Planning	
	Pregnancy Testing	
	Maternity-prenatal care	
	Resource Mothers program	
	Fatherhood program	
	Teen pregnancy prevention program	

Colonial Heights Health Department	Childhood immunizations	804-861-1652
	Adult immunizations	
	Childhood Lead Poisoning	
	Communicable Diseases services	
	Sexually Transmitted Disease Services	
	HIV Services	
	Child Development Services	804-862-6186
	Family Planning	
	Pregnancy Testing	
	Maternity-prenatal care	
	Resource Mothers program	
	Fatherhood program	
	Teen pregnancy prevention program	

Woman, Infants and Children program  
Environmental Health Services  
Community Outreach  
Vital Records  
Breast/Cervical Awareness program  
Nursing Home Screening

Chesterfield  
Health Department

Women's Health Care  
Family Planning  
Contraceptive Services/Counseling  
Maternity Services  
Case Management through Baby Care program  
Pregnancy Testing

804-748-1691

Child Health Care  
Immunizations (free of charge)  
School Physicals  
Well Child Checkups

Laboratory  
HIV Testing and Counseling  
Lead Screening

Newborn Metabolic  
Screening

Overseas Immunizations:  
Pharmacy Services (Health Dept. Patients only)  
Nursing Home Pre-Admissions Screening

Chesterfield  
Health Department  
Continued

Communicable Disease:  
Outbreak Investigation  
Tuberculosis Screening  
Refugee Screening  
Sexually Transmitted Disease Diagnosis and Treatment

804-748-1691

School Health Services  
Environmental Health Services  
Dental Services

Seibel Children's Health Care Center  
Well Child Care  
Sick Child Care  
Health Education

Case Management to Medically Needy Families  
 X-rays by Contract  
 Immunizations

Greenville  
 Health Department

Childhood Immunizations 434-348-4235  
 Walk in clinics held every Monday  
 Childhood Lead Poisoning  
 Communicable Disease Services  
 Sexually Transmitted Disease Services  
 HIV Services  
 Aids Hotline 1-800-533-4148  
 Crater Child Development Clinic 8104-862-6186  
 Developmental Delays  
 Developmental Disorders Associated  
 with sensory or physical disabilities  
 Learning problems  
 Family Planning  
 Pregnancy Testing  
 Maternity  
 Resource Mother Program  
 Women, Infants and Children's Program  
 Teen Pregnancy Prevention 1-434-336-1501

Environmental Health Services  
 Health Promotion/Community Outreach  
 Breast Cervical Awareness Program  
 Community Activities  
 Nursing Home Screening

Hopewell Health Department

Childhood Immunizations 804-458-1297  
 walk in clinics held every 1<sup>st</sup> and 3<sup>rd</sup> Wednesday 1:00pm-3:00p.m.  
 Childhood Lead Poisoning  
 Communicable Disease Services  
 Sexually Transmitted Disease Services  
 HIV Services  
 Aids Hotline 1-800-533-4148  
 Crater Child Development Clinic 804-862-6186  
 Developmental Delays  
 Developmental Disorders Associated  
 with sensory or physical disabilities  
 Learning problems  
 Family Planning

Pregnancy Testing  
Maternity  
Resource Mother Program  
Women, Infants and Children's Program  
Teen Pregnancy Prevention

Environmental Health Services  
Health Promotion/Community Outreach  
Breast Cervical Awareness Program  
Community Activities  
Nursing Home Screening

Prince George  
Health Department

Childhood Immunizations 804-733-2630

Walk in clinics held the 1<sup>st</sup> and 3<sup>rd</sup> of every Tuesday  
8:30am-10:00am and on Thursdays 1:00p.m-4:00pm.

Childhood Lead Poisoning  
Communicable Disease Services  
Sexually Transmitted Disease Services  
HIV Services

Aids Hotline 1-800-533-4148

Crater Child Development Clinic  
Developmental Delays  
Developmental Disorders Associated  
with sensory or physical disabilities  
Learning problems  
Family Planning  
Pregnancy Testing  
Maternity

Prince George  
Health Department  
Continued

Resource Mother Program 804-733-2630

Women, Infants and Children's Program  
Teen Pregnancy Prevention  
Environmental Health Services  
Health Promotion/Community Outreach  
Breast Cervical Awareness Program  
Community Activities  
Nursing Home Screening

Sussex County  
Health Department

Childhood Immunizations 434-348-4235

Walk in clinics held every Monday  
Childhood Lead Poisoning  
Communicable Disease Services  
Sexually Transmitted Disease Services  
HIV Services

Aids Hotline 1-800-533-4148

	Crater Child Development Clinic	804-862-6186
	Developmental Delays	
	Developmental Disorders Associated with sensory or physical disabilities	
	Learning problems	
	Family Planning	
	Pregnancy Testing	
	Maternity	
	Resource Mother Program	
	Women, Infants and Children's Program	
	Teen Pregnancy Prevention	1-434-336-1501
	Environmental Health Services	
	Health Promotion/Community Outreach	
	Breast Cervical Awareness Program	
	Community Activities	
	Nursing Home Screening	
Surry Health Department	Childhood Immunizations	757-294-3185
	Walk in clinics held every Monday	
	Childhood Lead Poisoning	
	Communicable Disease Services	
	Sexually Transmitted Disease Services	
	HIV Services	
	Aids Hotline	1-800-533-4148
	Crater Child Development Clinic	1-800-862-6186
	Developmental Delays	
	Developmental Disorders Associated with sensory or physical disabilities	
	Learning problems	
	Family Planning	
	Pregnancy Testing	
	Maternity	
	Resource Mother Program	
	Women, Infants and Children's Program	
	Teen Pregnancy Prevention	
	Environmental Health Services	
	Health Promotion/Community Outreach	
	Breast Cervical Awareness Program	
	Community Activities	
	Nursing Home Screening	

**PREGNANCY COUNSELING**

Fan Free Clinic	Free pregnancy testing Counseling and information on all alternatives	804-358-8538
Planned Parenthood	(Downtown) (Southside) Pregnancy testing Counseling and Information	804-788-6725 804-272-4303
Richmond Medical Center for Women	Pregnancy Testing, Counseling and abortion funding for rape and incest victims.	804-359-5066

**HIV TESTING**

<b>AGENCY</b>	<b>SERVICES PROVIDED</b>	<b>TELEPHONE NUMBER</b>
Crater Aids Action Program	Case Management Transportation A Non-Profit Corporation Advocacy Prevention Education Volunteer Opportunities Referral for Medical Services Referral for Social Services	804-862-3100
Greater Richmond Aids Directory	Chesterfield Colonial Heights Goochland Hanover Henrico Hopewell New Kent Petersburg Powhatan Prince George Richmond	804-748-1975 804-520-9380 804-556-5343 804-752-7802 804-652-3178 804-458-1297 804-966-9640 804-863-1652 804-598-5680 804-733-2630 804-780-6855
Medical College of Virginia	HIV Test Site	804-786-2210

Anonymous and Free of Charge

Richmond City Health Dept.	Confidential testing by appointment	804-780-6855
Richmond Aids Information Network		804-358-0113
Fan Free Clinic	Confidential HIV Testing	804-358-2437
Petersburg Health Dept.		804-861-6582

**COUNSELING / MENTAL HEALTH SERVICES**

<b>AGENCY</b>	<b>SERVICES PROVIDED</b>	<b>TELEPHONE NUMBER</b>
Southside Regional Medical Center	Behavioral Health Inpatient	804-765-5850
Southside Regional Medical Center	Behavioral Health Outpatient	804-765-5269
Assertive Community Treatment	Emergency and Evaluative Services	804-862-8003
	Crisis Hot Line	804-862-8000
	Behavior Management Services	804-862-8079
	Clinical Case Management Service	804-862-8002
	Crisis Evening	804-634-2020
	Community Services	804-863-1689
	Day Treatment Program	804-862-8002
	Mental Health Day Support Services	804-862-8079
	Outpatient Substance Abuse Services	804-862-8002
	Prevention Services	804-862-1689
	Clinical Case Management Services/ Petersburg Mental Health Services	804-862-8002
Colonial Heights Counseling Services	Case Management Assessment for Service Counseling Services Psychological Testing Individual Therapy-Mental Health and Substance Abuse Individual Therapy Family Therapy Substance Abuse Education and Recovery Groups Substance Abuse Evaluations	804-520-7210

	24-Hour Crisis Intervention/Stabilization Psychiatric Services Children with severe emotional disturbance Adolescents at risk for substance Abuse HIV Services Prevention	
Dinwiddie Counseling Center	Substance Abuse – Educational and process groups Mental Health-Oppositional Defiant Teen/Family Group Psychiatric Services Case Management 24 hour Crisis Intervention/Stabilization HIV Services Prevention	804-469-3746
Greensville/Emporia Counseling Services	Individual Counseling  Health/Substance Abuse Counseling Evening/Crisis	804-634-5181 804-634-0789 804-634-2020
Hopewell Counseling Services	Individual Counseling Group Therapy (Substance Abuse) 24-Hour Crisis Intervention/Stabilization Case Management (Adults and Children) Psychosocial Day/Rehabilitation Treatment Psychiatric Services (Doctor and Nursing Services) Prevention	804-541-8660
Prince George Counseling Services	Group Therapy (Substance Abuse) Psychiatric Services Case Management (Adults/Children) 24-hour Crisis Intervention/Stabilization Prevention Psychosocial Rehabilitation/Day Treatment	804-861-0393
Surry Counseling Services	Private/Confidential Counseling  Crisis Intervention/Stabilization	757-294-0037

Case Management  
 Psychiatric Services  
 Group Therapy  
 Substance Abuse Education  
 Substance Abuse Recovery Skills Group

Sussex Counseling Services Case Management Services 804-834-2205  
 Crisis Intervention/Stabilization  
 Substance Abuse Groups  
 Psychiatric Services  
 Psychiatric Evaluations  
 Medication Evaluations  
 Nursing Services  
 HIV Services  
 Prevention

The Meridian Group of Chesterfield Individual Psychotherapy 804-751-8644  
 Mental Health and Family Psychotherapy  
 Abuse Treatment Marital and Adolescent Psychotherapy  
 For the Entire Family Play Therapy  
 Group Counseling  
 Drug/Alcohol Education Treatment  
 EAP Coordination of Benefits  
 Public Speaking  
 Business and Community Consultations  
 Behavioral approaches to manage chronic pain  
 Attention Deficit-Hyperactivity  
 Screenings/Evaluations  
 Psychological Evaluations for Learning and Emotional Problems

Suicide Crisis Center 1-800-273-8255  
 Virginia Suicide Crisis Hotline 1-800-784-2433  
 Eating Disorder Centers in Virginia 1-800-845-1413  
 Drug Rehabilitation and Treatment Center in Virginia 1-866-845-8975  
 Sexual Assault Crisis Center in Virginia  
 YWCA Women’s Advocacy Program (804) 643-6761 Richmond  
 (Sexual Assault and Crisis Center) (804) 796-3066-Chesterfield

**SHELTERS**

<b>AGENCY</b>	<b>SERVICES PROVIDED</b>	<b>TELEPHONE NUMBER</b>
The YWCA Sexual Assault And Domestic Violence Services	24-hour crisis hotline:	Henrico, Hanover, Goochland 804-643-0888
	24-hour crisis hotline:	Chesterfield, Hopewell Petersburg, Colonial Heights 804-796-3066

**Confidential Emergency Shelters**

Shelters offer individual and Group counseling for women and children.

**Case management services  
Employment and legal assistance**

For victims of domestic violence  
The shelters serve as temporary  
Emergency shelter for victims  
of sexual assault.

**Support Groups** for victims of  
Domestic and /or sexual violence

**Groups for children and teenagers**  
Who have been assaulted?

**Hospital Accompaniment:** A  
Trained YWCA volunteer or staff  
Member is available at the hospital  
Emergency room to provide support  
and information. Call on of the  
24-hour hotlines to access this service.

**SHELTER AND SEXUAL ASSAULT SERVICES**

The James House Intervention/Prevention Services	Support Groups for Victims of Rape and Incest Male Support Groups for Sexual Assault One-on-one peer counseling Provide accessories for rape victims upon Hospital discharge. Donate clothes to hospitals for rape victims	804-458-2704
--	---	--------------

Provide information and speakers on the following topics:

- Date Rape
- Acquaintance Rape
- Sexual Assault
- Outreach
- Sexual Harassment

24-hour hot line  
804-458-2840

**SUPPORT GROUPS**

<b>AGENCY</b>	<b>TELEPHONE NUMBER</b>
Emergency Shelter for Women	804-782-9276
Emergency Shelter for Men	804-788-0880
Salvation Army for women	804-225-7470
Oasis House for Teens	804-329-0079
Richmond Street Center	804-783-0678
Volunteer Emergency Families for Children	804-261-0607
Youth Emergency Shelter	804-740-7286
Wilson Inn Residence      Servicing adult women Without children	804-355-6164
Alcoholics Anonymous	Richmond      804-355-1212 Petersburg      804-452-1959
Al-Anon	Richmond      804-353-4885 Petersburg      804-452-1959
<b><u>Al-Anon and Al-teens are groups designed for those who are children and friends of alcoholics</u></b>	
Al-Ateen	Richmond      804-353-4885 Petersburg      804-452-1959
Adult Children of Alcoholics	804-353-4885
Families Anonymous	804-323-4466

Codependents Anonymous	804-278-9133
Sexual Assault Survivors (Female and Male)	804-643-6761
Lighthouse Crisis Hotline	1-800-784-2433
Female Victims of Domestic Violence	804-643-6761
Narcotics Anonymous	1-800-777-1515
Cocaine Mainline	804-355-2176
Overeaters Anonymous	804-287-5742
Adults with Learning Disabilities	804-748-5012 804-965-9712
Gay/Lesbian/Bisexual /Transgendered Youth Support Line Richmond Association for Sexually Minority Youth - R.O.S.M.Y.	804-353-2077

**CRISIS INTERVENTION**

The 24-hour hotlines are to be used in cases of extreme psychological crisis, including suicide, or any kind of extreme psychotic behavior. Crisis intervention is an agency within Public mental health.

Chesterfield	804-748-6356
Richmond	804-648-9224
Hanover	804-798-3279
Henrico	804-262-7346

**EMERGENCY SERVICES**

<b>AGENCY</b>	<b>SERVICES PROVIDED</b>	<b>TELEPHONE NUMBER</b>
Traveler's Aid Society	Crisis Counseling Temporary Emergency Financial Aid	804-643-0279
William Byrd Community House	Food, Clothing, Fuel, Food	804-643-2717
Bethlehem Center	Food, Fuel, Counseling	804-329-1924

Grace House	Food and Clothing	804-358-4939
Salvation Army	Food and Fuel	804-225-7470
Fuel Assistance		804-780-7046

**LEGAL ASSISTANCE AND/OR REFERRAL**

<b>AGENCY</b>		<b>TELEPHONE NUMBER</b>
Virginia Lawyer Referral Service		804-648-1012
Central Virginia Legal Aid Society	Non-profit organization which maintains Attorneys to represent clients who meet income And eligibility requirements.	804-648-1012

**GENERAL DISTRICT COURTS**

Richmond	Civil	804-780-6461
	Criminal	804-780-6670
	Manchester	804-780-5390
Chesterfield		804-748-1231
Colonial Heights		804-520-9346
Dinwiddie		804-469-4540
Hopewell		804-541-2257
Prince George		804-733-2781
Sussex		804-434-246-5511
Surry		757-294-5201
Hanover		804-365-6191
Henrico		804-501-4723
Petersburg		804-733-2367
Colonial Heights		
Greensville		434-634-5400

**CIRCUIT COURTS**

Richmond	
Marshall	804-780-6505
Manchester	804-780-5370
Chesterfield	804-748-1241
Hopewell	804-541-2239
Petersburg	804-733-2374
Colonial Heights	804-520-9364
Dinwiddie	804-469-4540
Prince George	804-733-2640
Greensville	804-348-4215
Sussex	434-246-5511
	Ex. 3213
Surry	757-294-3161
Hanover	804-365-6151
Henrico	804-501-4202

**MAGISTRATE OFFICES**

Richmond	804-780-6689
Chesterfield	804-748-1410
Petersburg	804-733-2311
Hopewell	804-733-2311
Dinwiddie	804-733-2311
Sussex	434-246-5511
Surry	434-246-5511
Greensville	434-246-5511
Hanover	804-365-5341
Henrico	804-501-5285
	OR 804-501-4202

**VICTIM WITNESS ASSISTANCE PROGRAM**

These programs are helpful if the client is pressing charges against an assailant. Contact for information on court dates and location. They can schedule appointments between the Commonwealth Attorney and client prior to testifying.

Richmond	804-780-8045
Chesterfield	804-796-7087
Henrico	804-672-5142

Hopewell

804-541-2352

**FINANCIAL COUNSELING RESOURCE**

Consumer Credit Counseling  
Of Virginia

Tri-Cities Office in Colonial Heights  
Downtown Richmond Office

804-520-8744  
804-780-9042

**VITAL RECORDS INFORMATION IN VIRGINIA**

804-662-6200

Birth Certificates, Death Certificates, Marriage Licenses, Divorce Records

**VOTER REGISTRATION**

Virginia State Board of Elections

Toll free  
Fax:

804-786-6551  
1-800-552-9745  
804-371-0194

**District**

**General Registrar**

**Telephone**

Richmond

Fax:

804-646-5950  
804-646-7848

Petersburg

Fax:

804-733-2380  
804-863-2760

Colonial Heights

Fax:

804-520-9277  
804-520-9209

Hopewell

Fax:

804-541-2232  
804-452-5828

Prince George

Fax:

804-733-2793  
804-733-2793

Chesterfield

Fax:

804-748-1471  
804-751-0822

Dinwiddie

Fax:

804-469-4512  
804-469-4503

Greenville

Fax:

804-348-4228  
804-348-4257

Sussex  
Fax: 804-246-5511  
804-249-4315

Surry  
Fax: 757-294-5213  
757-294-5285

**CHAMBER OF COMMERCE**

Virginia Chamber of Commerce [www.vachamber.com](http://www.vachamber.com) 804-783-6112

The Greater Richmond Chamber [www.grcc.com](http://www.grcc.com) 804-648-1234  
804-780-0344

Petersburg Chamber of Commerce [www.petersburg-va.org/chamber/](http://www.petersburg-va.org/chamber/) 804-733-8131

Colonial Heights Chamber of Commerce [www.colonial-heights.com](http://www.colonial-heights.com) 804-526-5872  
804-526-9637

Hopewell Area/Prince George  
Chamber of Commerce no website listed 804-458-5536  
804-458-1342

Emporia/Greenville  
Chamber of Commerce [www.emporia-greenvillechamber.com](http://www.emporia-greenvillechamber.com) 434-634-9441

Surry County  
Chamber of Commerce no website listed 757-294-0066

Sussex County  
Chamber of Commerce no website listed 434-246-8022

Williamsburg Area  
Chamber of Commerce [www.williamsburgcc.com](http://www.williamsburgcc.com) 757-229-6511  
757-229-2047

**ADULT EDUCATION**

Tri City Literacy Council	Services adults in increasing their literacy skills or those adults whose native language is not English .	804-862-9262
	<b>To become a volunteer literacy tutor With the Tri City Literacy Council one Must take a 12 hour workshop. The Workshop will train you to teach basic Literacy skills to illiterate and functionally Illiterate adults using the Laubach Method of Reading. It is phonics based and teaches practical skills.</b>	
Southside Programs For Adult Continuing Education	In Prince George County	804-733-2670
The Literacy Council of Metropolitan Richmond		804-353-1587
The Learning Disabilities Council	A Support Group for Adults with learning disabilities. The group provides emotional support, promote self awareness and improve coping skills.	804-748-5012
Development Center	Basic education and GED program	804-780-4388
Virginia State Literacy Hotline		1-800-237-0178
G.E.D. – Southside Programs for Adult Continuing Education GED Fast Track/GED Preparation/Adult Basic Education/Day and Evening Classes		804-733-2670
G.E.D. Help Line		1-877-376-9433
Virginia Adult Education Literacy Office		804-225-2075
Virginia G.E.D. State Office Office of Adult Education		804-371-2333
Library Literacy Programs		804-692-3535
Virginia Vocational Rehabilitation		804-662-7606

## **EDUCATION AND PSYCHOLOGICAL TESTING SERVICES**

Dr. Gary Krapf	9854 Lori Road Suite 201, Chesterfield, Virginia 23832	804-512-6558
Child & Adolescent Health Association		804-794-2821 Midlothian
Family Services of Virginia		804-732-1527 Petersburg
Virginia South Psychiatric and Family Services Adult Career		804-861-0700 Petersburg 804-541-0918 Hopewell

## **DISABILITY SERVICES**

The Virginia Office of Protection and Advocacy Programs and Rights Information  
[www.vopa.state.va.us](http://www.vopa.state.va.us) 800-552-3962  
804-225-3221

Department of Rehabilitation Services  
<http://www.vadrs.org/>

Woodrow Wilson Rehabilitation Services  
<http://wwrc.virginia.gov/>

Virginia State Rehabilitation Council  
<http://www.va-src.org/>

## **Useful Websites**

### **Suicide Prevention**

*Virginia Department of Health Suicide Prevention Project*  
<http://youthviolence.edschool.virginia.edu/prevention/suicideprevention.html>

*Stop a Suicide Today*  
<http://www.stopasuicide.org/>

USA National Suicide Hotlines 24 hours / 7 days a week  
<http://suicidehotlines.com>

*Suicide Prevention Services*  
<http://www.spsfv.org/hotlines.htm>

*Virginia Suicide Prevention information*  
<http://www.mentalhealth.samhsa.gov/suicideprevention/stateprograms/Virginia.asp>

Virginia Suicide Prevention Plan  
<http://www.vahealth.org/civp/preventsuicideva/>

Virginia Suicide Crisis Website  
<http://suicidehotlines.com/virginia.html>

National Mental Health Association Depression Screen  
<http://www.depression-screening.org/nmha/nmha.htm>

### **Sexual Assault/Abuse**

Poplar Springs Residential Treatment Center for Sexually Abuse Center  
804-733-6874

James House-Support advocacy and education for people affected  
by sexual violence, domestic violence and stalking.  
2006 Wakefield Avenue, Petersburg, VA 23805 (804) 732-1711 and 1016 Maplewood Avenue,  
Hopewell, VA 23860 (804) 458-2704

**James House Hotline: (804) 458-2840**

Sexual Violence Prevention- Virginia Department of Health  
<http://www.vahealth.org/civp/sexualviolence/>

### **Gay/Bisexual/Transgender Issues**

Gay/Lesbian/Bisexual/Transgender Diversity Guide  
<http://www.visitrichmondva.com/Explore/Diversity/Gay-Lesbian-Bisexual-Transgender-Diversity-Guide>

Healthy People.gov  
<http://www.healthypeople.gov/2020/topicsobjectives2020/overview.aspx?topicid=25>

Pride Net  
<http://www.pridenet.com/va.html>

### **Substance Abuse and Eating Disorders**

Poplar Springs Hospital  
350 Poplar Drive  
Petersburg, VA 23805  
Academy and Day Treatment 804-733-0129

Richmond, VA Drug Rehabilitation  
Toll Free 1-800-866-391-6530  
<http://www.addictionmore.com/drug-rehabilitation-centers-richmondva.html>

Drug Rehab and Addiction Center –Toll Free 1-800- 405-8409  
<http://www.addictionca.com/contact2.htm?state=Florida&city=St. Petersburg>

Recovery Resource Online  
<http://www.soberrecovery.com/links/resources.html>

Sober Living  
<http://www.soberliving.com/>

Relapse Prevention in Virginia

<http://www.relapse-prevention.org/virginia.htm>

Eating Disorder Centers in Virginia

<http://www.teenanorexiabulimia.org/eatingdisordercenters-Virginia.html>

Alcohol and Other Drug Prevention: The Parent Connection (Higher Education)

<http://www.edc.org/hec/parents/>

Alcoholics Anonymous

<http://www.aavirginia.org/hp/meetings/di.asp?day=0>

Marijuana Anonymous

<http://www.marijuana-anonymous.org/Pages/meetva.html>

Narcotics Anonymous

<http://www.theagapecenter.com/NAinUSA/Virginia.htm>

***Need to de-stress? ...See below.***

Therapeutic Massage Center and Boutique  
27 Bollingbrook Street, 2<sup>nd</sup> Floor, Petersburg, VA 23803  
804-722-1720

Living Spirit Massage and Holistic Health, LLC;  
Charlene A. Smith, CMT, ND, MH  
3323-B South Crater Road  
804-732-2570

***. Richard Bland College cannot be held liable for the content on the above websites. This guide is for informational purposes only and is not intended to solicit any of the organizations listed herein.***