

# Richard Bland College Community Resources Guide

| MEDICAL ATTENTION & EMERGENCIES                           |  |   |  |
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| Southside Regional Medical Center                         | 200 Medical Park Blvd.<br>Petersburg, VA 23805   | <a href="http://www.srmconline.com/southside-regional-medical-center/aboutus.aspx">http://www.srmconline.com/southside-regional-medical-center/aboutus.aspx</a>               | 804-765-5000   |
| Patient First Colonial Heights                            | 1260 Temple Avenue,<br>Colonial Heights, VA 23834  | <a href="http://www.patientfirst.com/Locations/LocationDetail.aspx?cid=33&amp;rid=1">http://www.patientfirst.com/Locations/LocationDetail.aspx?cid=33&amp;rid=1</a>           | 804-518-2597   |
| Patient First Chester                                     | 12101 S. Chalkley Road   | <a href="http://www.patientfirst.com/Locations/LocationDetail.aspx?cid=10&amp;rid=1">http://www.patientfirst.com/Locations/LocationDetail.aspx?cid=10&amp;rid=1</a>           | 804-796-3636   |
| Better Med Urgent Care                                    | 4600 Puddledock Road,<br>Prince George, VA 23875   | <a href="http://bettermedcare.com/">http://bettermedcare.com/</a>   | 804-704-8655   |
| Medical Centers Affiliated with Bon Secours Health System |  |   |  |
| Memorial Regional Medical Center                          | 8260 Atlee Road<br>Mechanicsville VA 23116<br>Located on the Hanover Medical Park Campus | <a href="http://richmond.bonsecours.com/">http://richmond.bonsecours.com/</a>   | 804-764-6000<br>804-764-6300<br>Emergency Care Center<br>804-764-6449<br>Patient Information |
| Richmond Community Hospital                               | 1500 North 28th Street<br>Richmond, VA 23223<br>28th Street at Nine Mile Road            | <a href="http://richmond.bonsecours.com/find-a-facility-richmond-community-hospital.html">http://richmond.bonsecours.com/find-a-facility-richmond-community-hospital.html</a> | 804-225-1700<br>804-225-1704<br>Emergency Care Center<br>804-225-1767<br>Patient Information |
| St. Francis Medical Center                                | 13701 St. Francis Boulevard<br>Midlothian, VA 23114                                      | <a href="http://richmond.bonsecours.com/find-a-facility-st-francis-medical-center.html">http://richmond.bonsecours.com/find-a-facility-st-francis-medical-center.html</a>     | 804-594-7300   |
| St. Mary's Hospital                                       | 5801 Bremono Road<br>Richmond, VA 23226<br>Corner of Monument and Libbie                 | <a href="http://richmond.bonsecours.com/find-a-facility-st-marys-hospital.html">http://richmond.bonsecours.com/find-a-facility-st-marys-hospital.html</a>                     | 804-285-2011<br>804-285-8230<br>Emergency Care Center<br>804-285-8255<br>Patient Information |

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|   | Avenues   |  |   |
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| <b>Medical Centers Affiliated with HCA VA</b>   |   |  |   |
| Chippenham Campus   | 7101 Jahnke Road<br>Richmond, VA<br>23235   | <a href="http://hcavirginia.com/locations/chippenham-hospital/for-patients-visitors/chippenham-phone-directory.dot">http://hcavirginia.com/locations/chippenham-hospital/for-patients-visitors/chippenham-phone-directory.dot</a>                      | 804-330-3911<br><b>Consult-A-Nurse line:</b> 804-320-3627 |
| Henrico Doctors' Campus   | 7605 Forest Avenue  | <a href="http://hcavirginia.com/locations/henrico-doctors-hospital/">http://hcavirginia.com/locations/henrico-doctors-hospital/</a>  | 804-289-4500  |
| John Randolph Medical Center  | 411 West Randolph Road<br>Hopewell VA<br>23860  | <a href="http://hcavirginia.com/locations/john-randolph-medical-center/">http://hcavirginia.com/locations/john-randolph-medical-center/</a>  | 804-541-1600  |
| Parham Doctor's Hospital  | 7700 East Parham Road<br>Richmond VA<br>23294   | <a href="http://hcavirginia.com/locations/parham-doctors-hospital/">http://hcavirginia.com/locations/parham-doctors-hospital/</a>  | 804-747-5600  |
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| <b>HEALTH DEPARTMENT</b>  |   |  |   |
| Virginia Department of Health   | 474 Colonial Trail West<br>Dendron, VA<br>23839   | <a href="http://www.vdh.virginia.gov/index.htm">http://www.vdh.virginia.gov/index.htm</a>  | 757-294-3185  |
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| <b>FREE CLINICS</b>   |   |  |   |
| Pathways Free Specialty Clinic  | 1200 W. Washington Street,<br>Petersburg, VA  | <a href="http://www.pathways-va.org">www.pathways-va.org</a>   | 804-862-1104  |
| Fan Free Clinic   | 1010 N. Thompson Street,<br>Richmond, VA<br>23230   | <a href="http://www.fanfreeclinic.org/">http://www.fanfreeclinic.org/</a>  | 804-358-8538  |
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| <b>COUNSELING/ MENTAL HEALTH SERVICES</b>   |   |  |   |
| <b>Individual Support</b>   |   |  |   |
| District 19 Community Services Board<br><br>A multi-jurisdictional Community-Based organization | Serving the following areas:<br>Petersburg<br>Dinwiddie<br>Prince George<br>Hopewell<br>Surry<br>Sussex | <a href="http://www.d19csb.com/">http://www.d19csb.com/</a><br><br>Counseling services<br>Assessment for Service<br>Psychological Testing<br>Individual-Therapy<br>Family-Therapy<br>Substance Abuse Education & Process Groups<br>Medical Evaluations | 804-862-8000<br><br>Toll-Free:<br>1-866-365-2130          |

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|   | Greensville/<br>Emporia   | Outpatient Mental Health & Substance Abuse Therapy<br>Intensive Outpatient Services  |  |
| Good Neighbor<br>Counseling   | 798 Southpark<br>Blvd<br>Colonial<br>Heights, VA  | <a href="http://www.goodneighborcommunityservices.com/">http://www.goodneighborcommunityservices.com/</a><br><br>Outpatient Mental Health Services   | 804-520-8005<br>804-520-4600   |
| Oxbridge Counseling   | 10128 Hull<br>Street Road,<br>Midlothian,<br>VA 23112   |  | 804-495-3653   |
| Substance Abuse<br>Counseling-Pathways<br>Treatment Center  | 3300<br>Rivermont<br>Avenue,<br>Lynchburg,<br>VA 24503  | Recoveratpathways.com  | 434-200-4455   |
| <b>Group Support</b>  |   |  |  |
| Eating Disorders<br>Anorexia Nervosa &<br>Bulimia   |   |  | 804-320-7881<br>Richmond<br>757-404-3010<br>Hampton Roads                                    |
| Friends 4 Recovery<br>Health Center   | 9511 Hull<br>Street Road,<br>#A,<br>Richmond, VA<br>23236                                       | <a href="http://www.friends4recovery.org">www.friends4recovery.org</a>   | 804-308-1366   |
| OCD Support Group   | Dominion<br>Behavioral<br>Healthcare,<br>2305 North<br>Parham Road<br>#3, Richmond,<br>VA 23229 | Peer Support system and a place for information exchange.<br>Develop self-help skills.   | CONTACT: Trish<br>Evans (804) 270-<br>1124<br>OPEN<br>TO: Individuals<br>with OCD            |
| <b>Crisis Intervention</b>  |   |  |  |
| Popular Springs<br>Hospital   | 350 Poplar<br>Drive<br>Petersburg, VA<br>23805  | <a href="http://poplarsprings.com/">http://poplarsprings.com/</a><br><br>Adult, Children, & Patriot Support Programs   | 1-866-546-2229   |
| John Randolph Medical<br>Center Behavioral<br>Health Services<br><i>FACE-TO-FACE<br/>ASSESSMENT</i> | 411 W.<br>Randolph<br>Road,<br>Hopewell, VA<br>23860  | Behavioral Health Assessment, Crisis Stabilization, Partial<br>Hospitalization, Intensive Outpatient Program for Chemical<br>Dependency and Mental Health, Community Based Groups<br>and Education | 24-Hour<br>Assessment &<br>Referral Line:<br>804-452-3847                                    |
| Lighthouse  | 1365 Whittier<br>Road<br>Virginia<br>Beach, VA<br>23454   | Depression<br>Personality Changes<br>Suicide Ideation  | Crisis Network<br>757-622-1126<br><br>Mental Health<br>Emergency<br>Services<br>757-437-6150 |
| <b>HOMELESS<br/>SHELTERS/<br/>TRANSITIONAL<br/>SERVICES</b>   |   |  |  |
| Family Shelter  |   | <a href="http://www.homelessheltersite.org/family-shelters.html">http://www.homelessheltersite.org/family-shelters.html</a>  |  |

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|  |   | <a href="http://www.homelesshelterdirectory.org/cgi-bin/id/city.cgi?city=Petersburg&amp;state=VA">http://www.homelesshelterdirectory.org/cgi-bin/id/city.cgi?city=Petersburg&amp;state=VA</a>  |   |
| Women's Shelter<br>Emergency Shelter for Women |   | <a href="http://www.homelessheltersite.org/womens-shelters.html">http://www.homelessheltersite.org/womens-shelters.html</a>  | 804-782-9276  |
| Women's Shelter,<br>YWCA                       | 6 N. 5 <sup>th</sup> Street<br>Richmond, VA<br>23219                            | <a href="http://www.womenshelters.org/det/ywca-of-richmond">http://www.womenshelters.org/det/ywca-of-richmond</a>  | 804-643-6761  |
| <b>DOMESTIC VIOLENCE/VICTIM SERVICES</b>       |   |  |   |
| The James House:<br>Intervention/Prevention    | Counseling<br>Center:<br>804-732-1711   | <a href="http://www.thejameshouse.org/whoweare.html">http://www.thejameshouse.org/whoweare.html</a>  | 804-458-7823<br><br>Crisis Line:<br>804-458-2840  |
| Family Violence &<br>Sexual Assault Hotline    | Department of<br>Criminal<br>Justice<br>Services                                | <a href="http://www.dcjs.virginia.gov/victims/">http://www.dcjs.virginia.gov/victims/</a>  | 24-Hour Toll-Free<br>Number<br>1-800-838-8238   |
| Crime Victim<br>Assistance Hotline             | Department of<br>Criminal<br>Justice<br>Services                                | <a href="http://www.dcjs.virginia.gov/">http://www.dcjs.virginia.gov/</a>  | 1-888-887-3418<br><br>Provide:<br><br>Information and referral<br>services to victims<br><br>Information and<br>referrals to victim<br><br>Crisis intervention, as<br>needed. |
| <b>SERVICES FOR U.S. VETERANS</b>              |   |  |   |
| Department of Veteran<br>Services              | Office of the<br>Commissioner<br>900 E. Main<br>Street<br>Richmond, VA<br>23219 | <a href="http://wearevirginiaveterans.org/">http://wearevirginiaveterans.org/</a><br>National help line<br>Services for wounded vets<br>Peer to peer support groups & connections<br>Peer support lines<br>National call center for homeless vets<br>Crisis hotline<br>Domestic violence hotline | 804-786-0286<br>1-800-273-8255<br><br><br><br><br><br><br>1-800-799-7233  |

The Community Resource Guide is a resource, which is provided to RBC students for informational purposes only. It is not the College's intent to solicit any of the agencies listed.